

SANDWICHES (FRESH/TOASTED)	
Vegetite	\$2.00
Baked Beans	\$3.00
Cheese	\$2.50
Chicken	\$3.00
Chicken & Cheese	\$3.50
Egg	\$3.00
Egg Curried	\$3.50
Ham	\$3.00
Ham & Cheese	\$3.50
Salami	\$3.00
Salami & Cheese	\$3.50
Tuna	\$3.50
Salmon (Tinned)	\$3.50
Salad Only	\$3.00

+ 50c for a Roll, + \$1 for Salad (Carrot, Cucumber, Tomato, Lettuce)
 + 50c for a Wrap, + 20c for Toasted, +\$1 for GF Bread

SALAD PLATES		
Chicken OR Ham OR Egg OR Tuna	SML	LGE
OR Salmon (Tinned) OR Goujon's	\$5.50	\$6.50
Salad Only	\$4.50	\$5.50
Add Egg to any above	\$1.00	\$1.00
Add Salad Dressing	\$0.40	\$0.40

Salad plate incl lettuce, tomato, carrot, cucumber & bread or crackers. (Crackers will be given unless bread is requested)

EXTRAS for SANDWICHES/WRAPS/ROLLS or SALAD PLATES

Avocado	\$0.50
Beetroot	\$0.50
Capsicum	\$0.50
Carrot	\$0.50
Cheese	\$0.50
Cucumber	\$0.50
Lettuce	\$0.50
Pineapple	\$0.50
Spinach	\$0.50
Tomato	\$0.50
Mayo OR Tomato Relish OR Italian Dressing	\$0.40

NOURISH BOWL - AVAILABLE MONDAY and WEDNESDAY

\$6 (you can select as many as you like)	Choice of Protein
4 Bean Mix	Egg \$1 each
Beetroot	Tuna
Capsicum	Chicken
Carrot Grated	Ham
Cheese Grated	Salmon (tin)
Corn	Avocado
Cucumber	
Edamame (Soy Beans)	Choice of Dressing
Quinoa & Brown Rice	Italian 50c
Spinach	Mayo 50c
Tomato	

RECESS ITEMS	
Cheesie	\$1.50
1/2 Cheesie	\$0.75
Pizza Slice	\$1.50
Iced Bun	\$1.50
1/2 Iced Bun	\$0.75
Choc/Chip Muffin	\$2.00
Blueberry Muffin	\$2.00
Smoothie (Banana, Mango, Berry)	\$2.50
Hot Chocolate (term 2 & 3 only)	\$2.00
1/2 Hot Chocolate (term 2 & 3 only)	\$1.00
Pikelets (2) with butter	\$2.00
Banana Bread	\$2.00
Museli Slice	\$1.00
Goujon (chicken fingers)	\$0.50
Hummus Dip with Carrot Sticks or Rice Crackers	\$2.50

FRUIT	
Apple/Bannana	\$1.00
Slinky Apple	\$1.20
Crunch and Sip Pack - veg or fruit option	\$2.00

LUNCH TIME SNACKS	
Popcorn - Chicken	\$1.00
Popcorn - Lightly Salted	\$1.00
Vege Chips	\$1.00
Frozen Yoghurt - Fro-yo	\$2.00
Fresh Fruit	\$1.00

Tues/Thurs only

Ice Cream	\$2.00
Icy Stick	\$0.50

Mon/Wed/Fri only

Ice Cup (Flavoured)	\$0.50
Jelly Cups	\$0.50

DRINKS

Apple Juice	\$1.80
Apple Blackcurrant Juice	\$1.80
Orange Juice	\$2.00
Pineapple Juice	\$2.00
Juice Bomb - Apple/Blackcurrant,	\$2.00
Raspberry/Apple, Vanilla/Lime	
Banana Milk, Choc Milk, Strawberry Milk	\$2.00
Water	\$1.50
Raspberry Water	\$2.00

Remember the excitement and how special you felt when YOUR Mum was on duty at the school canteen? The sandwiches always tasted better on those days. Don't let your kids miss out on the memories. Volunteer and Support your School Canteen

LEGENDARY LUNCH SPECIALS

MARVELOUS MONDAY

Aussie Pals	\$0.70
Chicken Nuggets GF	\$0.80
Fish Burger (inc lettuce & mayo)	\$4.50
Hamburger (inc lettuce, tomato, mayo & tomato sauce)	\$4.50
Mini Cheese Arancini Ball 48 g	\$1.50
Pizza Ham/Cheese	\$4.00
Pizza Cheese	\$4.00
Pizza Ham/Cheese/Pineapple	\$4.00
Pizza Supreme	\$4.00
Vegetarian Fried Rice GF	\$4.00
Sandwiches/Rolls/Toasted/Wraps	
Mini Chicken Arancini Ball 48 g - GF available	\$1.60

WONDERFUL WEDNESDAY

Chicken or Tuna Sushi - GF AVAILABLE	\$4.50
Chicken Schnitzel (inc lettuce & mayo)	\$4.50
Fish Burger (inc lettuce & mayo)	\$4.50
Hamburger (inc lettuce, tomato, mayo & tomato sauce)	\$4.50
Mini Cheese Arancini Ball 48 g	\$1.50
Nachos - GF	\$4.00
Vegetarian Fried Rice - GF	\$4.00
Sandwiches/Rolls/Toasted/Wraps	

FABULOUS FRIDAY

Chicken or Tuna Sushi - GF AVAILABLE	\$4.50
Fish Burger (inc lettuce & mayo)	\$4.50
Hamburger (inc lettuce, tomato & mayo)	\$4.50
Spaghetti Bolognese - Gluten Free Pasta now available + \$1	\$4.50
Cruiser/Meat Pie	\$4.00
Potato Pie	\$4.00
Party Pie	\$1.00
Sausage Roll	\$3.50
Mini Cheese Arancini Ball 48 g	\$1.50
Mini Chicken Arancini Ball 48 g - GF available	\$1.60
Vegetarian Fried Rice GF	\$4.00

Sandwiches/Rolls/Wraps - NO TOASTED SANDWICHES ON FRIDAY
PAPER BAGS 10C EACH & TOMATO SAUCE 50C

