

SANDWICHES (FRESH/TOASTED)	
Vegemite	\$2.00
<b>Baked Beans</b>	\$3.00
Cheese	\$2.50
Chicken	\$3.00
Chicken & Cheese	\$3.50
Egg	\$3.00
Egg Curried	\$3.50
Ham	\$3.00
Ham & Cheese	\$3.50
<b>Salami</b>	\$3.00
<b>Salami &amp; Cheese</b>	\$3.50
Tuna	\$3.50
<b>Salmon (Tinned)</b>	\$3.50
Salad Only	\$3.00

+ 50c for a Roll, + \$1 for Salad (Carrot, Cucumber, Tomato, Lettuce)

SALAD PLATES		
Chicken OR Ham OR Egg	SML	LGE
OR Tuna OR <b>Salmon (Tinned)</b>	\$5.00	\$6.00
Salad Only	\$4.00	\$5.00
Add Egg to any above	\$0.50	\$0.50
Add Salad Dressing	\$0.40	\$0.40

Salad plate incl lettuce, tomato, carrot, cucumber & bread or crackers. (Crackers will be given unless bread is requested)

**EXTRAS for SANDWICHES/WRAPS/ROLLS or SALAD PLATES**

<b>Avocado</b>	\$0.50
Beetroot	\$0.50
Capsicum	\$0.50
Carrot	\$0.50
Cheese	\$0.50
Cucumber	\$0.50
Lettuce	\$0.50
Pineapple	\$0.50
<b>Spinach</b>	\$0.50
Tomato	\$0.50
Mayo OR Tomato Relish OR Italian Dressing	\$0.40

NOURISH BOWL - AVAILABLE MONDAY and WEDNESDAY		
<b>\$6 (you can select as many as you like)</b>	<b>Choice of Protein</b>	
4 Bean Mix	Egg	\$1 each
Beetroot	Tuna	
Capsicum	Chicken	
Carrot Grated	Ham	
Cheese Grated	Salmon (tin)	
Corn	Avocado	
Cucumber		
Edamame (Soy Beans)	<b>Choice of Dressing</b>	
Quinoa & Brown Rice	Italian	50c
Spinach	Mayo	50c
Tomato		

RECESS ITEMS	
Cheesie	\$1.50
1/2 Cheesie	\$0.75
Pizza Slice	\$1.50
Iced Bun	\$1.50
1/2 Iced Bun	\$0.75
Choc Muffin	\$2.00
Apple/Cinnamon Muffin	\$2.00
Smoothie (Banana, Mango, Berry)	\$2.00
Hot Chocolate	\$1.20
1/2 Hot Chocolate	\$0.60
Pikelets (2) with butter	\$1.50
Banana Bread	\$1.50
<b>Museli Slice</b>	\$1.00

FRUIT	
Apple/Bannana	\$0.80
Slinky Apple	\$0.80

LUNCH TIME SNACKS	
Popcorn - Chicken	\$1.00
Popcorn - Lightly Salted	\$1.00
Vege Chips	\$1.00
Frozen Yoghurt	\$1.50
Fresh Fruit	\$0.80

**Tues/Thurs only**

Ice Cream	\$1.30
Icy Stick	\$0.50

**Mon/Wed/Fri only**

Ice Cup (Flavoured)	\$0.50
Jelly Cups	\$0.50

DRINKS	
Apple Juice	\$1.80
Apple Blackcurrant Juice	\$1.80
Orange Juice	\$2.00
Pineapple Juice	\$2.00
Juice Bomb - Apple/Blackcurrant,	\$2.00
Raspberry/Apple, Vanilla/Lime	
Banana Milk, Choc Milk, Strawberry Milk	\$2.00
Water	\$1.50
Rasberry Water	\$2.00

Remember the excitement and how special you felt when YOUR Mum was on duty at the school canteen? The sandwiches always tasted better on those days. Don't let your kids miss out on the memories. Volunteer and Support your School Canteen

LEGENDARY LUNCH SPECIALS	
MAGIC MONDAY	
Aussie Pals	\$0.70
Chicken Nuggets GF	\$0.80
Fish Burger (inc lettuce & mayo)	\$4.50
Hamburger (inc lettuce, tomato, mayo & tomato sauce)	\$4.50
<b>Mini Cheese Arancini Ball 48 g</b>	\$1.50
Pizza Ham/Cheese	\$3.50
Pizza Cheese	\$3.50
Pizza Ham/Cheese/Pineapple	\$3.50
Pizza Supreme	\$3.50
Vegetarian Fried Rice GF	\$3.50

Sandwiches/Rolls/Toasted/Wraps

**WHACKY WEDNESDAY**

Chicken or Tuna Sushi	\$4.00
Chicken Schnitzel (inc lettuce & mayo)	\$4.00
Fish Burger (inc lettuce & mayo)	\$4.50
Hamburger (inc lettuce, tomato, mayo & tomato sauce)	\$4.50
<b>Mini Cheese Arancini Ball 48 g</b>	\$1.50
Nachos	\$4.00
Vegetarian Fried Rice GF	\$3.50

Sandwiches/Rolls/Toasted/Wraps

**FANTASTIC FRIDAY**

Chicken or Tuna Sushi	\$4.00
Fish Burger (inc lettuce & mayo)	\$4.50
Hamburger (inc lettuce, tomato & mayo)	\$4.50
Spaghetti Bolognese	\$4.00
Cruiser/Meat Pie	\$4.00
Potato Pie	\$4.00
Party Pie	\$1.00
Sausage Roll	\$3.50
GF Meat Pie	\$5.00
GF Sausage Roll	\$5.00
Vegetarian Fried Rice GF	\$3.50

Sandwiches/Rolls/Wraps - NO TOASTED SANDWICHES ON FRIDAY



## 2018 OUR LADY OF GRACE SCHOOL CANTEEN MENU

As at 19/02/2018

*Welcome back to a new school year! Please find some information below about using the school canteen this year. We look forward to serving you and your child/children this year. We are trialling a few new things for Term 1 & 2 (items are in BOLD) and if they do well our intention is to continue with them for the remainder of the year. Feedback is always welcome.*

*The canteen is open for both recess and lunch Monday, Wednesday and Friday. It is open for lunch time sales on Tuesday and Thursdays. Lunch orders are required to be placed in the morning before 9am and will be collected by the students. Recess and lunch time snacks are for Year 1 to 6 only.*

*Sandwiches are made with wholemeal bread and margarine is used unless otherwise requested.*

*Canteen ordering- Ordering your lunch from the canteen is easy and can be done in two ways; in person manually and online.*

*Ordering Online- This is the most efficient way to order lunches from the canteen. Setting up online canteen is done via [Quickcliq.com.au](http://Quickcliq.com.au) - it is an easy process and has step by step instructions. We highly recommend it, it is quick, easy to use. Families who are already registered please remember to UPDATE YOUR CHILD'S CLASS.*

*Ordering in Person - Lunch orders are to be written on a brown lunch bag which is available for purchase at Coles or Woolworths in packets of 100 for a few dollars. If you do not have a bag at home, you can purchase them for 20 cents a bag at the canteen. Money to be wrapped in glad wrap.*

*Change - If change is owed, your child's lunch bag will have the change sticky taped onto the front.*

*IOU's - Occasionally lunches are forgotten. In this instance, children will advise the teacher on duty who in turn will liase with the canteen. There are very limited choices when this is discovered at lunch time.*

*Parents are advised that it is against school policy for students to share money amongst their friends or to buy items for other students.*

*The canteen cannot operate without the assistance of volunteers so if you would like to help out and get to know how we work, we would love to have you join our roster - whether it is a few hours, once a month or once a term, we are always grateful for any amount of time. Please contact Peta in the canteen if you would like to go on the the roster and see the joy on your child's face when they visit.*

*By supporting the canteen, you ensure the viability of this service is available for our OLG Community.*

*We thank you for your continued support of the canteen. Wishing everyone the very best for a happy & healthy 2018!*

**Jemima Gorton - 0414 859 839**

**Peta Taylor - 0419 260 832**