Everyone wants their children to grow up happy, healthy, strong and kind and that’s what resilience is all about. We can strengthen children’s capacity to better manage adolescence – and we can also build this life-coping capacity during adolescence. In this seminar, Maggie explores her 10 resilience building blocks for childhood as well as looking at the essential value of healthy support during adolescence.

**Where:** Our Lady of Grace, 5a Kitchener St, North Beach, MPA Building  
**When:** Tuesday 4th November  
**Time:** 7 - 9pm  
**Cost:** $10 per ticket  
**RSVP Date:** Friday 26th September

**Booking Details:** Book tickets through www.trybooking.com/FYNB  
**Additional Info:** For additional information contact OLG School Office, Vicki Ryan, or email ryan.vicki@cathednet.wa.edu.au or Ph: 62419500