



# FREE Parenting Workshops

Family and Children's Services invite you to our FREE Term 2 Parenting Workshops.  
With a focus on young people.



2014 Dates	Workshop
<b>Monday 2nd June</b> <b>6.30pm – 8.30pm</b> <b>Parents only</b>	<b>Maggie Dent</b> - From Maggie's extensive experience of working with adolescents for more than 30 years she has created an innovative, dynamic seminar for families, schools and communities to build resilience and connectedness in 12-25-year-olds.  <b>Stirling Community Centre – Tuart Hill</b> Corner Cape Street & Stoneham Street, Tuart Hill WA 6060
<b>Tuesday 10th June</b> <b>6.30pm – 8.30pm</b> <b>Parents only</b>	<b>Youth Focus</b> - A session for parents and friends to increase awareness of common mental health issues the young people in their lives may experience.  <b>Stirling Community Centre – Tuart Hill</b> Corner Cape Street & Stoneham Street, Tuart Hill WA 6060
<b>Tuesday 17th June</b> <b>6.30pm – 8.30pm</b> <b>Parents only</b>	<b>Youth Focus</b> - An interactive session for parents and friends to increase skills and confidence to identify if the young people in their lives may be experiencing a mental health issue, and assist them to access appropriate help.  <b>Stirling Community Centre – Tuart Hill</b> Corner Cape Street & Stoneham Street, Tuart Hill WA 6060
<b>Tuesday 24th June</b> <b>6.30pm – 8.30pm</b> <b>Parents only</b>	<b>Debbie Bushell</b> - Debbie is a parenting specialist, resilience coach for teens and author. Debbie will speak about a parenting approach that promotes responsible behaviour in teenagers. Debbie will also offer parents a model that manages the trickier aspects to parenting; including teen boundaries and making healthy choices.  <b>Stirling Community Centre – Tuart Hill</b> Corner Cape Street & Stoneham Street, Tuart Hill WA 6060

**Bookings essential.** Contact Children's Services on 9205 8555 or email [children@stirling.wa.gov.au](mailto:children@stirling.wa.gov.au)



## Family Services

Family Services offers a range of programs and events to support families and communities in relation to:

### Health and wellbeing

Improving health and wellbeing, addressing life-style health risks and fostering resilience.

### Strengthening families

Creating opportunities for social support, relationship building, learning and skills development.

### Connecting communities

Contributing to the development of a connected, inclusive community with access to a range of support networks.

## Children's Services

Children's Services offers a range of Outside School Hours and Vacation Care from several locations within the City of Stirling. Full details are available on the website.

The service offers a safe and secure environment for children of various ages to grow and develop life skills through play and choice. We support diversity through partnerships and engagement within the community.

### Want more Info?

Family Services or Children's Services  
Telephone (08) 9205 8555 Facsimile (08) 9345 8822  
**[familyservices@stirling.wa.gov.au](mailto:familyservices@stirling.wa.gov.au)**  
or **[children@stirling.wa.gov.au](mailto:children@stirling.wa.gov.au)**

Visit **[www.stirling.wa.gov.au/families](http://www.stirling.wa.gov.au/families)**, sign up to the Family Services e-newsletter or join us on Facebook.



**Administration Centre** 25 Cedric Street Stirling WA 6021 | **Telephone** (08) 9205 8555 | **Facsimile** (08) 9345 8822  
**[www.stirling.wa.gov.au](http://www.stirling.wa.gov.au)**

This information is available in alternative formats on request. Please contact the Stirling Customer Service Team on (08) 9205 8555